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Gayhurst Community School

Friday 10<sup>th</sup> June 2022

## **RSE and Health Education**

Dear Parents/Carers,

This half term, children will begin the 'Changing Me' unit in their PSHE lessons. These lessons will be taught weekly over a 6-week period. You will also find on our website a document called RSHE-A-Guide-For-Parents-And-Carers-Leaflet-2020 which can be downloaded and has useful tips and advice (p 7-8) for how to talk to your child if they raise questions at home.

We would also like to remind parents that from September 2020, Relationships and Health Education is compulsory and cannot be withdrawn from. This includes changes to the body, including puberty. Reproduction in mammals including humans is also part of the year 5 science curriculum and cannot be withdrawn from. Sex Education lessons that can be withdrawn from are lessons that explicitly teach human reproduction during RSE or PSHE sessions. It is your right to withdraw your child from the following lessons only:

Year 4 – Lesson 2

Year 5 – Lessons 2, 3,4

Year 6 - Lesson 4

Before you are able to withdraw, you are invited to come in for a meeting to look at the resources and lessons plans and discuss which elements of the lesson you would like to withdraw your child from. You can then make a written request to the headteacher who will be able to authorise the withdrawal of your child from these lessons.

There are no lessons in nursery up to and including Year 3 that you are able to withdraw your child from, as the lesson content taught is statutory, however, if you are concerned about any content being delivered, we encourage you to arrange an appointment to go through the lesson materials and ask any questions or concerns you may have.

Kind regards, Karen Pedro Associate Headteacher

















