

Menu w/c 30/11/20

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Option 1	Courgette Pasta [G]	Moroccan Chicken	Winter Veg Stew	Cottage Pie [M]	Fish [F]
Main Option 2 [Vegetarian]	Pesto Pasta [G]	Sweetcorn Fritters [G; E]	Lentil Dhal [C]	Vegetarian Cottage Pie [M]	Falafel
To Accompany	Ciabatta [G]	Giant Couscous [G]	Rice	Included in Main	Bulgur Wheat [G]
Veg	Sweet Potato, Butternut Squash + Sweetcorn	Carrots, Kale + Chickpeas	Broccoli	Seasonal Greens	Peas, Red Pepper + Courgette
Salad / Salsa	Rocket + Tomato	Cucumber, Fennel, Radish + Apple	Red Cabbage + Kohlrabi Slaw	Carrot Salad	Turkish Salad
Dessert	Fruit	Fruit	Fruit	Fruit	Fruit

Allergen Codes: C = Celery; G = Gluten; Cr = Crustaceans; E = Eggs; F = Fish; L = Lupin; M = Milk; Mo = Molluscs; Mu = Mustard; Tn = Tree Nuts; Pn = Peanuts; Se = Sesame; So = Soya; Su = Sulphites