

SPANISH PHRASE of the week

No me gusta el viento..... *I don't like the wind....*

Kingsmead, Gayhurst, Mandeville & Grasmere Primary Schools working in partnership

HAVE YOU REGISTERED FOR FREE SCHOOL MEALS?



If you are entitled to benefit related Free School Meals your child is also entitled to a wide range of other free services including, free and discounted trips, clubs, music lessons, holiday playschemes, holiday lunches, holiday supermarket vouchers and even sometimes free uniform and all you have to do is fill in one form!

Apply online now, in confidence:
education.hackney.gov.uk/FSM
Working for every child

Across our LEAP schools, we are encouraging all eligible families to register for Free School Meals (FSM). Although ALL children are getting a free school lunch this year again, thanks to funding from the Mayor of London, there are still many other benefits for families that come with registering for Free School Meals.

BENEFITS TO YOU OF REGISTERING FOR FSM

- Free school uniform sweatshirt for every new Free School Meal sign up for Kingsmead, Mandeville & Gayhurst (Grasmere has no school uniform)
- May include offer of 1 free After School activity club per week per child if your child qualifies for Pupil Premium Grant at school.
- For children in Year 6: a discount for cost of school journey as well as £100 secondary school uniform grant from Hackney Council
- Sometimes opportunities for special trips or activities become available for children registered for Free School Meals at school and in wider community

BENEFITS TO OUR SCHOOLS OF INCREASING THE NUMBERS REGISTERED FOR FSM

Additionally, the higher the number of children registered for Free School Meals, the more funding our schools will get from the Department for Education, which will impact the offer we can make to ALL children across the LEAP schools.

To be able to register for Free School Meals, your child must be in school and you must be receiving one of the following benefits:

- ⇒ Universal Credit
- ⇒ support under Part VI of the Immigration and Asylum Act 1999
- ⇒ Income related Employment and Support Allowance
- ⇒ Guarantee element of State Pension

If you are a family with no recourse to public funds, you may still be entitled to FSM—[click here](#) for more info.

HAVE YOU REGISTERED FOR FSM CONTINUED.....

If you are not sure whether you qualify to register for Free School Meals please speak to staff in your school's office who will help you. You can register for Free School Meals [here](#).



PTO

SCHOOL OF FOOD FREE FAMILY COOK –A-LONG SESSIONS

Sign Up Now!

Join us at Hackney School of Food for our FREE Family Cook-a-Long programme, designed to help local families build confidence in cooking healthy, delicious and affordable meals together.

Across three fun, hands-on sessions, you'll cook alongside other families, learn practical skills from our experienced food educators and enjoy sharing a freshly prepared meal together.

Each session focuses on simple, nutritious recipes using just five key ingredients, making it easy to recreate meals at home without breaking the bank. You'll also pick up useful tips on meal planning, batch cooking, reducing food waste and getting children involved in the kitchen.

What's included?

- Three free, hands-on family cooking sessions, with all ingredients and equipment provided.
- Take-home recipe boxes after each session so you can continue cooking together.
- A Family Cooking Toolkit packed with recipes, budgeting tips and advice on batch cooking and freezing meals.
- The chance to meet other local families and enjoy cooking and eating together.

Session dates

Thursday 15 October, 12 November
& 10 December 2026

3:45–5:45pm

Hackney School of Food, E5 0BT

All three sessions are free!

Who can take part?

This programme is for families on low incomes who may be experiencing, or at risk of, food insecurity. Priority will be given to families who are eligible for Free School Meals or receiving income-related benefits.

Families must be available to attend all three sessions.

Register your interest

Places are limited, so we'd love to hear from you! Complete our expression of interest form and a member of our team will be in touch to let you know whether you've been allocated a place.

Express interest [here](#).



HACKNEY SCHOOL OF FOOD **THE SKINNERS' COMPANY**

FAMILY COOK-A-LONG SERIES

For families in receipt of **FSM** or other means-tested support

15:45-17:45
THURSDAY
15TH OCT, 12TH NOV, 10TH DEC



1st half of term: 03.09.26 - 23.10.26

Half term: 26 - 30 October 2026

2nd half of term: 02.11.26 - 18.12.26

INSET day - Weds 2 Sept 26

GREEN TOKEN	Class	Tokens
Rec, Year 1 & 2	1A	101
Year 3 & 4	4R	173
Year 5 & 6	6C	203



GOLDEN AWARDS

NC - CLEO & IDRIS

RH - LAIA JANE

RS - DANIYAL

1A - DIMITRIS

1G- STELLA

2L - AILBHE

2S -MYLES

3J - NATE

3K - STORM

4E- COCO

4R- ALEYA

5D - OLIVIA

5L - MUSTAFA

5/6R - KAYODE

6J - RICHELLE

6C - AYAZ

YEAR 3'S EPPING FOREST ADVENTURE

This week, Year 3 went on a fantastic trip to Epping Forest as part of our History learning about the Stone Age. When we arrived, we recapped everything we have learned this term and reviewed the health and safety guidelines. We had a wonderful time making our own fires using flint and cotton wool. We then built our own dens using materials and resources that we found in the forest. Year 3 had an amazing day and thoroughly enjoyed the experience!

Umi - 'I enjoyed making dens using resources and whatever we could find in the forest.'

Rosa - 'I saw this species of birds - it was really amazing to see.'

Cianna - 'My favourite part was making fire using the flint and steel.'

Clay - 'It was really great that we were able to use different materials such as sticks and leaves to make dens and shelters.'



5/6R VISIT BRITISH MUSEUM CONTINUED....

"It was really exciting and fun." - Cecilia

"It was really fun. I drew items on my worksheet including a large graphic brooch." - Orlando

"I liked all the bracelets and gold because the designs on them were really cool. The pictures of the dead Anglo Saxons buried with their jewellery were cool as well." Cody



DRAMA WORKSHOPS

On Friday Year 1 2 and 3 were treated to a wonderful drama workshop in the school! Each class was separately taken on an adventure with our adventure leader to another planet. Our task was to use our superhero skills to find the evil bopper and use our super powers to defeat him. We worked in a team using our imaginations & acting skills to impress our

adventure leader and win! We all had a great time and cant wait to do some more acting in the future.

"I had so much fun" - Miquel

"I like being a superhero" - Tilda



5/6R VISIT BRITISH MUSEUM

5/6R went to the British Museum to learn about the Anglo Saxons. We have enjoyed our history topic so much. We enjoyed looking at all the artefacts and learning about their lives. We looked at what Anglo Saxon men and women wore such as belt buckles, brooches and handmade items made by weavers and goldsmiths and horns and bowls made by potters for eating & drinking.

"It was a super fun trip. I got to look at really cool things, some of them more than 900 years old." Emil

"It was impeccable, we saw many artefacts." - Miray



EARLY READING IN RECEPTION

Each week, the children in reception are introduced to new sounds as part of their daily phonics lessons. To help reinforce their learning, phonics sheets will be sent home to show the sounds that have been taught in school. We encourage parents and carers to provide opportunities for children to practice at home. To support parents and carers we are running a workshop next **Wednesday at 9:20am**. The workshop is open to parents and carers of children in reception. Keep a look out for other parent workshops across the year.

The phonics workshop for parents of children in Year 1 will be on Wednesday 7th October at 9:20am

INTERNATIONAL EVENING:

We are really looking forward to our International Evening on **Thursday 8th October** from 4.30-6.30pm. Please support us by donating a dish using the link . [Gayhurst International Evening Food – Fill in form](#)

Tickets are selling fast - so get your's soon

Get your
International Evening
Ticket
here



Thursday 8th October
4.30-6.30pm



SAVE THE DATE
INTERNATIONAL EVENING
THURSDAY 8TH OCTOBER
4:30PM - 6:30PM

Each ticket includes entry to the event and one plate of food. Additional plates of food can be purchased for **£3 each** on the night.

If you provide a dish or perform, receive a half-price ticket!

Come together to celebrate the many cultures and heritages that make up our Gayhurst Community. Dress up in traditional clothes, sample different foods, watch a range of performances and socialise.

There will be food available to sample different cuisines from around the world, but it is not guaranteed. We rely on the generosity of families to contribute to the dishes. When the food runs out, it is gone, so please arrive early to avoid disappointment.

Adults: £8 Children £4
Concessions - Adults: £2 Children free

Gayhurst Community School

COGS NEWS



The CoGS organising committee is starting to plan this year's Winter Fair, which will take place on **Saturday 28 November**. The Winter Fair is a brilliant community event that raises significant funds to support extra-curricular arts and sports enrichment for all children at Gayhurst.

We're aiming to raise a further £10,000 to reach our target of £20,000 by the end of the calendar year, so we're looking for as many ideas and volunteers as possible to help make this year's event a success.

There will be an open, in-person planning meeting on **Wednesday 21 October**, from 6-8pm. Newcomers are very welcome to come along, find out more about CoGS and hear how you can get involved.

If you would like to attend the meeting or have any questions, please contact Sarah, CoGS Co-Chair, on 07816 880082 or email Gayhurstcogs@gmail.com.

You can also complete the online volunteer form to let us know how you would like to help at the winter fair or in another way: <https://forms.cloud.microsoft/r/BAkrUXzYvF>

KEY DATES THIS TERM

Wed 30 Sept	Phonics Rec parent workshop 9.20am
Wed 7 Oct	Phonics Yr 1 parent workshop 9.20am + 4E class assembly at 3pm
Thurs 8 Oct	International Evening 4.30 - 6.30pm
Fri 9 Oct	World Mental Health Day - Hello Yellow - option to wear something yellow to school
Thurs 15 Oct	3J class assembly at 3pm
Wed 21 Oct	2S class assembly at 3pm
Mon 26—Fri 30 Oct	Half term break
Thurs 12 Nov	6C class assembly at 3pm
Fri 13 Nov	Children in need day—option to wear PJs
Mon 16 Nov	Anti-Bullying Week starts—option to wear odd socks to celebrate difference
Thurs 19 Nov	5L class assembly at 3pm
Thurs 26 Nov	Parent & Carer Consultation 1.50 - 7pm School closed at 1.3p for all children No clubs or Extended Day
Sat 28 Nov	CoGS Winter Fair
Thurs 10 Dec	5/6R class assembly at 3pm
Fri 11 Dec	Drumming & Dance performances 1.45pm for 1G & 2L , 2.45pm for 3J & 3K
Tues 15 Dec	Gymnastics performances: 2.30pm for 2S & 1A , 3pm for 4R & 4E
Fri 18 Dec	Last day of term School closed at 1.3p for all children No clubs or Extended Day