



Residentials at Phasels Wood

X@H5Adventure  YouTube **H5 Adventure**

When: Monday 16th to Friday 20th June 2025

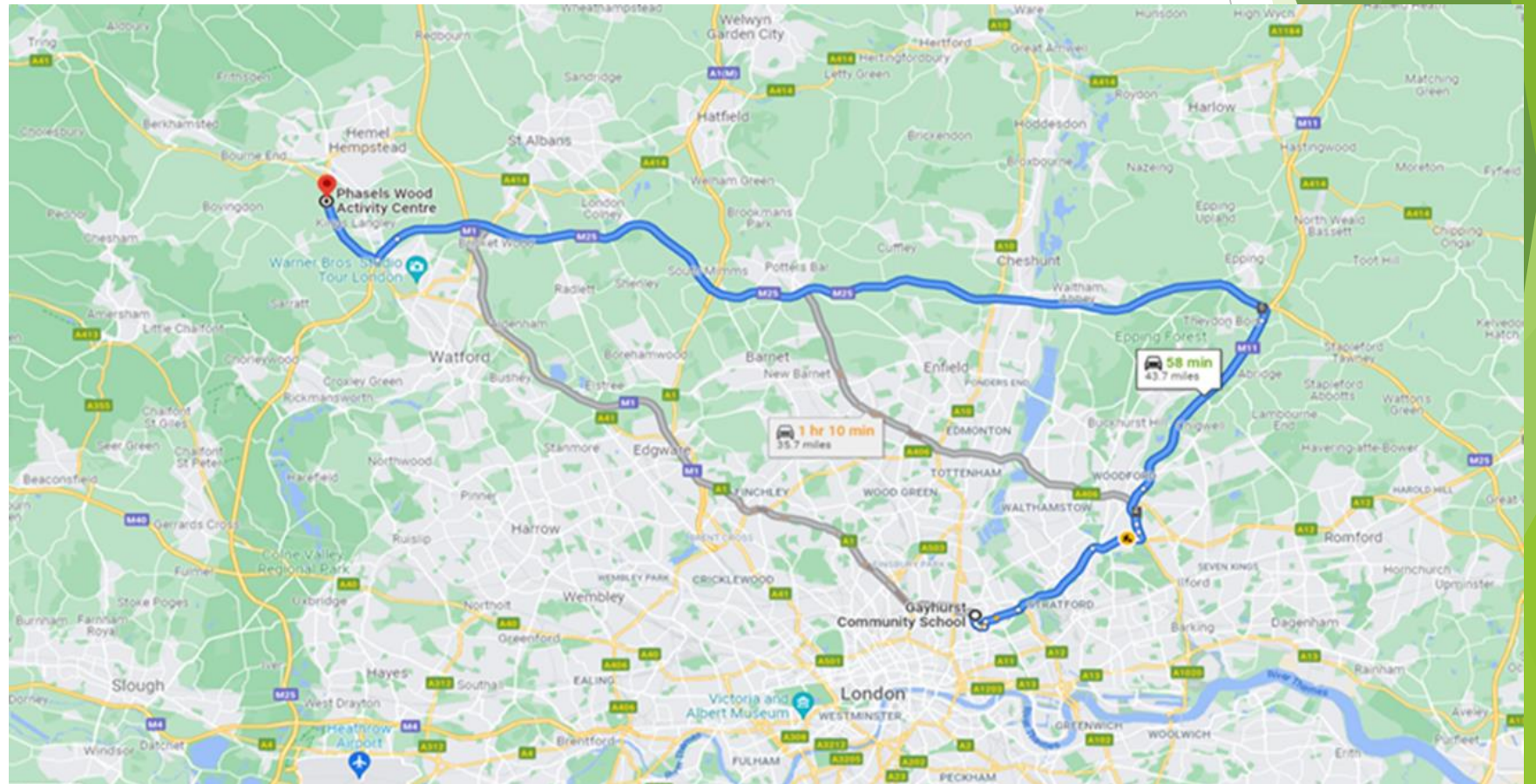
Where: Phasels Wood Centre

Cost: £365pp

Where is Phasals Wood?

Phasels Wood Activity Centre, Kings Langley,
WD4 9NA

1 hour coach
journey



- We will travel to and from the activity centre by coach.
- Children will spend the week camping. Children will be in tents that sleep 3. There are beds with mattresses in the tents.
- Children will help cook, serve, wash up and tidy up throughout their stay.
- 2 half days of activities and 3 full days of activities. A full day of activities starts at 8am with breakfast and ends at 8:30pm.
- 3 main meals per day with refreshments and snacks available throughout the day.
- Activities include: climbing, archery, high ropes, orienteering, underground tunnelling, pioneering and many more team building games and activities.



Team 1					
Time	Day 1	Day 2	Day 3	Day 4	Day 5
800		Breakfast at campsite	Breakfast at campsite	Breakfast at campsite	Breakfast at campsite
830					
900					De camp. Pack up tents, lunch, final review
930		Climbing - on Traverse Wall and Climbing machine indoors	Archery - Using the sheltered range in the grounds of the campsite	Orienteering - Head Hunters & a large orienteering course set in the grounds of the campsite	
1000					
1030					FINALE FUN Activity
1100					
1130					
1200	Welcome & Introductions	Lunch - make your own sandwich	Lunch - make your own sandwich	Lunch - make your own sandwich	
1230	Lunch - brought from home				
1300	Set up Camp, kit allocation, unpack, aims & objectives	Bushcraft - teams can make fire and cook potatoes and eggs By the Rough	Underground Tunnel System - dark & wet manmade caving system - please use toilets in main block before returning to accommodation	Pioneering - build a bridge to transport the entire team across the river canyon	
1330					
1400					
1430	Problem Solving - set in the grounds of the campsite				
1500					
1530					
1600					
1630	Break & Freetime	Break & Freetime	Break & Freetime	Break & Freetime	
1700	Diaries of the Day	Diaries of the Day	Diaries of the Day	Diaries of the Day	
1730					
1800	Dinner prepared by cooks	Dinner prepared by cooks	Dinner prepared by cooks	Dinner prepared by cooks	
1830					
1900					
1930	Evening Task - Adventure Activity	Evening Task - Quiz Night	Evening Task - Bin Bag Fashion	Evening Task - Bonfire	
2000					
2030					
Eve	Camp and sleep	Camp and sleep	Camp and sleep	Camp and sleep	



Monday Dinner

Jacket Potatoes with Grated Cheese, Baked Beans, Salad,
Cherry Tomatoes, Coleslaw & Garlic bread
Yoghurt & Fruit

Pudding

Tuesday Dinner

Pasta quills with tomato sauce with mushrooms & onions
or a Carbonara Sauce & Garlic Bread
Yoghurt & Fruit

Pudding

Wednesday Dinner

Chicken Madras Curry (Halal) or Vegetarian Korma Curry
with rice and naan bread
Yoghurt & Fruit

Pudding

Thursday Dinner

BBQ: Halal Chicken Drumsticks & Halal Lamb Sausages,
Vegetarian Sausages & Burgers. Salad, Coleslaw & Baked
Beans
Chocolate Mini Roll or Yoghurt & Fruit

Pudding

Breakfasts

Choice of cereals, toast & croissants with a selection of jams

Lunches

Make your own sandwiches from a wide selection of fillings,
ham, cheese, chocolate spread, jam and more.
Crisps, fruit & chocolate bars also available

Fruit

Always available

Example menu:



Who will be going?

All of year 6 are invited on the residential.

Adults: Jack, Winnie, Cheryl, Laura, Darell, Toki.

We would love all children to attend. It is an excellent team building experience and provides the children with a range of activities that they wouldn't normally do in school.

Although there are centre staff who lead all activities, there will also be a ratio of 1:12 school staff.

There will be fully qualified DBS checked instructors for all of the activities.

Details

Total cost of the trip is £365

This includes:

- 4 nights accommodation
- All meals- breakfast, lunch, evening meal and supper. Refreshments and snacks available throughout the day
- Activities over the course of the week
- Fully qualified instructors for all of the activities
- All equipment needed for the activities

Payment plans

How to pay: Payments can be made through Arbor.

Payment plans: You will need to pay a deposit of **£30 which is due by Friday 1st November 2024 to secure your child's place.** You will then need to pay £12 every Friday, starting Friday 8th November – Friday 30th May. You can also pay the full amount up front. The final deadline for payment is **Friday 30th May 2025.**

Accommodation - Tents



Rock Climbing



Bushcraft (Making Fire and Cooking)



Tunnels - Underground Caving



Archery & Shelter Building



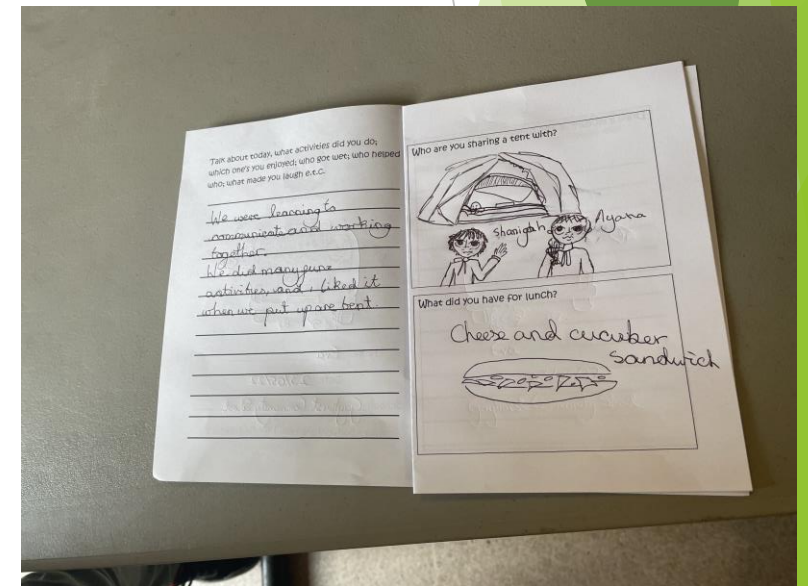
Bridge Building



Breakfast, Lunch & Dinner



Evening Activities



Kit List

Essentials:

- 3 T-shirts/polo shirts – no vest tops
- 5 pairs socks – **not trainer socks**, 5 pairs of underwear
- 2 fleece or thick pull-over (hoodies are ok for this) & coat/waterproof
- 3 pair of comfortable trousers – **no jeans**
- Hat, Gloves & Torch
- 1 liter water bottle to re-use each day
- 2x pairs of trainers or a pair of wellies
- Knife, fork, spoon, bowl, plate & mug (hot chocolate)
- **Packed Lunch for the first day**

Health & Hygiene, items you must bring:

- Enough personal medication (e.g., inhalers)
- Wash kit (Toothbrush, toothpaste, soap & deodorant)
- Sun Cream
- 1 Travel size towel

Items you can bring OR borrow on arrival

- Roll-mat
- Sleeping bag

Optional Items

- Wellington Boots
- Waterproof Trousers
- Sunglasses
- Playing cards
- Antibacterial gel
- Camera
- Book/Magazine
- Favourite teddy bear

Any questions?

Thank you

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